



HerCircle Women’s Trauma-Informed Therapy Group Support Facilitator

A trauma-informed therapeutic group program for women affected by sexual exploitation based on principles of mindfulness, art therapy and somatic trauma processing.

About Us

HerSpace believes in a world where girls and women are free from sexual exploitation – a world where girls and women enjoy their full human rights.

HerSpace works with women and girls who self-identify as being affected by sexual exploitation. We seek to empower them by providing holistic therapeutic support to address the emotional, psychological and physical impacts of trauma, and build pathways out of exploitation. Our model of support places these women and girls at the centre of their healing process as we believe they are the experts of their lives, needs and choices.

Job Purpose	<p>HerSpace supports the therapeutic healing and recovery journeys of girls and women exiting sexual exploitation, living with its impacts or dealing with their current situations of exploitation.</p> <p>HerCircle will be running for the fourth time, with funds from the City of Melbourne and the City of Yarra. HerCircle is one of 6 interconnected program arms of HerSpace- our vision to see holistic, and community based mental health services provided to girls and women affected by sexual exploitation toward their healing, recover, and self-chosen exit pathways.</p> <p>HerCircle is a group work program that will facilitate a shared healing journey for girls and women, build connections and community among</p>
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	<p>them, and aims to address issues of trauma, impacts of sexual exploitation, self-esteem, social isolation, empowerment and mental health.</p> <p>A key focus of this group is that it is feminist, and trauma-informed, providing participating women with a tool-kit of resources and skills to manage trauma-related symptoms. It also means that grounding, focusing, and emotional regulation skills should be modelled and applied during the group. Women share their stories, and re-traumatisation is a real risk- HerCircle prioritises ensuring this is a safe and held space emotionally for all women. This requires skilled trauma-informed, and at times directive facilitation to minimise risk of re-traumatisation. Somatic processing, art therapy and mindfulness tools are employed in applying these foci.</p> <p>The <i>HerCircle Support Facilitator</i> will co-facilitate the 10 weeks of group with the <i>HerCircle Lead facilitator</i>, and will also conduct follow up with women and pre-group planning tasks with Lead Facilitator.</p> <p>The position is a contract role for the period of 13 weeks, paid for 6 hours/week at the rate of \$40/hour.</p>
<p>Values</p>	<p>HerSpace is a values driven organisation, which aims to embody the following core values in all of our work, both at an organisational and individual level:</p> <ol style="list-style-type: none"> 1. We strive to search for new and innovative ways to overcome obstacles and empower action. 2. We work collaboratively and participate equally as team members wherever possible. 3. We communicate respectfully, clearly and honestly often to avoid misunderstandings and share valuable feedback. <p>HerSpace supports our volunteers and staff to embody the organisation’s feminist values through the work they do. This means working in collaboration, encouraging participation and partnership, and analysing and challenging power differences due to structures such as gender, race, sexuality, disability, hierarchy and class.</p>

<p>Key Selection Criteria</p>	<p>Necessary:</p> <ul style="list-style-type: none"> ● Qualifications in either social work, psychology, counselling, psychotherapy and or community development ● Training in feminist, trauma-informed modalities and approached ● Experience facilitating trauma-informed group programs related to women’s experiences of violence, abuse and exploitation. ● Capacity to facilitate the following skills and strategies: grounding, focusing, managing triggers and flashbacks, directive facilitation in instances of sharing traumatic stories and women becoming dissociative. ● Experience managing crisis situations ● Strong ability to build rapport, show compassion and carry a non-judgemental, feminist and equal approach to practice. <p>Preferable:</p> <ul style="list-style-type: none"> ● Knowledge of feminist frameworks and philosophy as it relates to direct service provision and the systemic issues surrounding sexual exploitation ● Understanding of sexual exploitation and its various forms including sex work, prostitution, sexual trafficking, street sex work, sex for exchange and other facets of the legal/illegal sex industry
<p>Specific Responsibilities</p>	<ul style="list-style-type: none"> ● Co-facilitate HerCircle group work program for 10 weeks for up to 6 women in in Fitzroy at The City of Yarra. ● Provide follow up needed post group sessions on weekly basis, including support calls; referrals crisis intervention needed through referrals. You have 1.5 hours paid per week for these tasks. ● In final week of your role, post-group, perform final evaluation interview and supervision at HerSpace Hawthorn office.
<p>Workload (weekly)</p>	<ul style="list-style-type: none"> ● 2 weeks of group planning workshops with lead facilitator at HerSpace, Hawthorn, for up to 3-4 hours.

hours)	<ul style="list-style-type: none"> ● Planning tasks as delegated to you by lead facilitator in 2x weeks prior group. ● Participating in pre-group meetings with women with Lead as required 2 weeks prior group (no more than 2 hours per week). ● Weekly attendance at the group site location to facilitate group for 3 hours 10:30-1:30pm. Location: Fitzroy at City of Yarra. Day: TBC based on your availability. ● Meet Lead facilitator from 9/9:30am-10:30am weekly prior group ● Debrief and pack up with lead facilitator 1:30-2:30pm weekly ● Attend 3x meetings with CEO/HS Program Manager between 2:30-4:30pm after the group at Hawthorn HerSpace office.
Salary and	<ul style="list-style-type: none"> ● 13 weeks, paid for 6 hours/week at the rate of \$40/hour. ● This is a casual, contract role, it does not include superannuation or leave.
Other commitments (meetings etc.)	<ul style="list-style-type: none"> ● Attend at-least 2-3 HerSpace Mental Health Team group supervision and workshop sessions (option of attending 6 during the year). -These hours are not included within your weekly hours- however you benefit by receiving funded/free professional group supervision and development. ● Assist in any other tasks required including promoting this and other HerSpace programs such as HerHealing within weekly hourly capacity.
Internal and External liaison	<p>Internal</p> <ul style="list-style-type: none"> ● HerCircle Lead Facilitator ● HerSpace Program Manager (HerSpace CEO) ● Learning and Effectiveness Manager ● HerHealing counsellors <p>External</p> <ul style="list-style-type: none"> ● City of Yarra staff ● participating women ● referring services

	<ul style="list-style-type: none"> • services engaged with women
Supervisees	None
Reporting to	HerCircle Lead facilitator and CEO/ program manager
Duration of Position	12 weeks for 6 hours per week during March-May 2018.

Termination

HerSpace expects all paid and unpaid staff to comply with the policies and procedures, values of the organisation, and responsibilities of the position description. Should any volunteer or paid staff member act with disregard to any of the relevant policies and procedures, organisational values, or responsibilities of their role, HerSpace reserves the right to terminate your employment at any time without notice.

HerSpace may offer you a volunteer role which is conditional upon our receipt of a satisfactory National Police Check.

Additionally, all HerSpace staff are expected to hold a paid Working With Children Check.

ACKNOWLEDGMENT FOR RECEIPT OF AND COMMITMENT TO JOB

DESCRIPTION

I have received a copy of the Job Description and have read and understand its contents, and commit to what it requires of me.

Position holder name and signature

Date _____

Supervisor name and signature

Date _____

Emily Hanscamp _____